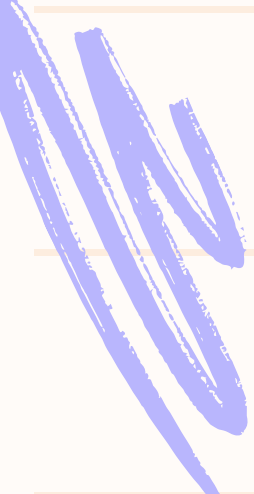




# HOP STEP PREP




Does your child need a helping hand before starting prep in 2026?



At **Joyful Journey Occupational Therapy** we are offering a school readiness program.

The Hop Step Prep program provides an **overview** to support new and upcoming **prep students**.



It's aim is to identify skills, and support needs for their first year of school.



## TOPIC'S COVERED:

**Gross motor:**  
Ball skills  
Playing sport  
Body awareness  
Body coordination

**Fine motor:**  
Writing  
Drawing  
Pencil grip  
Using scissors  
Using glue

**Self care:**  
Washing hands  
Taking jumper on/off  
Buttons/zips  
Toilet hygiene

**Inter-personal**  
Following directions  
Following routine  
Regulation  
Managing belongings



Please contact our clinic to receive a service agreement with pricing information.

**0422 755 004**

**When:**  
January 12th to 15th  
2026  
9-10:30am.

**Location:**  
Joyful Journey Clinic  
9 Gellibrand street  
Corio

This program is open to NDIS participants (plan- or self managed only) or private paying clients.

